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Japanese rescue workers taking away an elderly man they found alive under rubble after the tsunami. Associated Press

Students Set Up Japanese Tsunami Relief Fund

Allyson Seals
News Editor

Last Friday, March 11th, a magnitude 8.9 earthquake, followed closely by a tsunami, hit Japan's northeastern region.

The waves that resulted from the tsunami were 10-feet high, and the earthquake was the fifth-largest recorded quake since 1900.

An earthquake of this size had not occurred in Japan for 1,200 years. The depth of the earthquake was 2.44 kilometers, and Japanese citizens had between 8 to 10 minutes of notice after the quake hit of the tsunami before it hit.

Even though the damage was done in Japan, some of Pacific's own were closely "hit" by the events.

Public Safety and

Pacific's Media Relations updated the status and location of current Japanese students studying at Pacific, Pacific students currently studying abroad in Japan, and Japanese exchange students that are scheduled to come to Pacific in a few weeks every few days following the event.

Media Relations sent out an official press release on March 11th at 4:18 PM stating, "The University has been using e-mail, Facebook and phone numbers to contact those students, though currently the phone system in Japan is overwhelmed by calls in and out of the country."

The press release continued to state how many students the university was trying to contact.

It said, "Pacific has

seven students studying in Japan... Out of those seven, we have confirmed that six of them are safe."

The release continued to explain that as of 4:18 PM last Friday, 3 of the 11 students studying here who are from Japan had been contacted as well.

As of 9:10 AM on March 12th, another press release was sent out saying, "Pacific administrators were contacted by the seventh Pacific student in Japan. All seven students are safe and are either in areas of Japan that had minimal earthquake damage or are in another country."

The last press release sent out by the university was on March 14th at 9:16 AM. It stated, "As of this morning, we

(Continued Page 3)

2011-2012

ASuop Election

Results

622 students of 4505 (13.8%) registered voters at Pacific participated in this year's election.

President/Vice President Ticket Results:

- | | |
|---|-------------|
| 1. Ashton Datcher / Elizabeth Youngberg | 272 (43.7%) |
| 2. David Fisher / Emma Henry | 145 (23.3%) |
| 3. Ashley Hale / James Derrick | 127 (20.4%) |
| 4. Write In | 78 (12.5%) |

Senator Ticket Results:

- | | |
|------------------------------|-----|
| Multicultural: Deidre Graham | 289 |
| Residential: Elena Goldfoos | 291 |
| Athletics: VACANT | |

- | | |
|-----------------------|-----|
| Business: Erika Smith | 49 |
| COP: Shelby Hogan | 190 |
| Pharmacy | |
| 1. Antoinette Dinh | 89 |
| 2. Justin Seo | 66 |
| 3. Vicki Lau | 34 |
| 4. Han Duong | 15 |

- | | |
|---------------------------------------|----|
| Education: Fatima A Carpenter | 36 |
| Engineering: Tom Andrew | 59 |
| International Studies: Marvin Morazan | 47 |
| Conservatory: Raquel Ravaglioli | 51 |

New Testament Questioned Next Thursday

Matt Hill
Staff Writer

Next Thursday, March 24th at the De Rosa University Center, Bart D. Ehrman will hold a presentation titled "Does

the New Testament Contain Forgeries?" at 7:30 PM.

The discussion will center around how Ehrman's research finds the New Testament to be a forgery and how that

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Students Light the World

Danielle Procope
Staff Writer

'How Would You Light Up the World?' is a K-12 event for Stockton residents where they can submit their ideas about creative ways to generate electricity. From 3 p.m. to 4 p.m. on Saturday, March 26th all of the ideas

will be publicly displayed at Pacific, and a panel will choose the top three on the basis of "creativity, feasibility, and potential for global impact."

The top three entries will be awarded a \$100 Education Savings Bond. Also present will be four graduates of Harvard's engineering school who created the Soccketball,

a soccer ball that generates electricity when kicked.

This event is being hosted by Pacific's Powell Scholars Program. For more information about this event contact Elizabeth Youngberg at e_youngberg@u.pacific.edu.



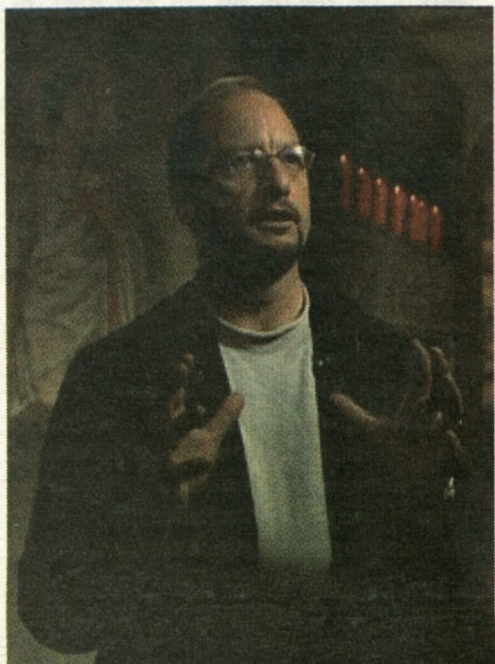
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Bible Lecture

(Continued from Page 1)

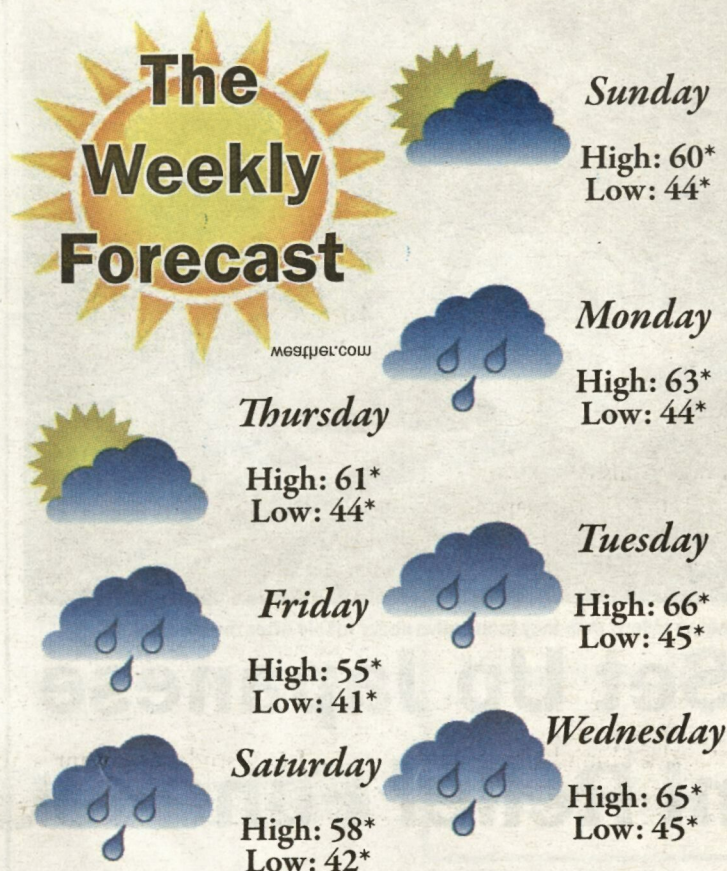
effects followers of Christianity. Ehrman will also discuss how common it was at the time for people to practice forgery and how scandalous it was and still is.

For further reading on this topic there is a book titled "Forged" written by Ehrman dealing with the same topics. More information on this specific event can also be found by contacting Caroline Schroeder at cschroeder@u.pacific.edu.



CNN News

Bart D. Ehrman to speak on the bible.



Women's Center Receives 10K

Jenny Congrave
Contributing Writer

The Women's Resource Center on Pacific's campus has received a \$10,000 grant from the Avon Foundation as part of its "m.powerment" Healthy Relationship Peer Educator Mentor Program. They will collaborate with the Women's Center of San Joaquin County to form a new Peer Education Program, which will teach students how to develop and maintain healthy relationships, free of dating violence.

"It sounds like common sense," says Corrie Martin, the director of Pacific's Women's Resource Center, "but it's hard to achieve [healthy, non-violent relationships] in our culture, especially between men and women." The new program would train selected students as experts in leading activities, discussions and workshops with their peers that would teach others how to develop healthy dating relationships.

The project will be a joint venture between Pacific's Women's Resource Center, Pacific's on-campus Counseling Center, and the Women's Center of San Joaquin County, an organization that Martin describes as "The community leader in violence, prevention and services provided to victims of dating violence and sexual assault."

The new Peer Education Program will launch in Fall 2011, and is part of the Avon Foundation's Speak Out Against Domestic Violence and the "m.powerment" program, which is dedicated to breaking the cycle of dating abuse and partner violence.

Water Wars Brings Up River Issues

Alex Ruano
Executive Editor

A panel of experts on the water quality of the Delta and its threats shared their thoughts with members of the Pacific and Stockton communities on the evening of Tuesday, March 1st in Grace Covell Hall.

The "Water Wars" discussion panel included five experts on different areas of water quality and was moderated by professor of law at Pacific, Bill Jeffery. The panel included Michael Machado, Will Stringfellow, Karl Longley, Stacy Luthy, and Tom Zuckerman.

Michael Machado, a former state senator and current executive director of the Delta Protection Commission, discussed the importance of the Delta to San Joaquin County and the policies surrounding its water quality. He also stressed

the importance of enforcing water regulations already in the books. Machado believes that if the county enforced the

Stringfellow, Pacific's director of Ecological Engineering Research, spoke on what improves and reduces water

quality on fish in the Delta. She said small crustaceans crucial to the Delta food chain may be more susceptible to pesticides and other chemicals leeching into the Delta. Their demise could reduce the amount of food available to larger fish and predators.

The final panelist, Tom Zuckerman, chair of Pacific's Board of Regents, discussed the politics, and ongoing lawsuits concerning water quality.

The discussion was put on by and is a part of Pacific's Legal Scholars Program, an accelerated honors law program. During the program students are exposed to an array of facets of the legal profession.



Media Relations

Dr. Luthy (one of the "Water Wars" speakers) studies the Calaveras River.

existing rules that most of the issues surrounding the Delta water quality would weaken significantly.

Then,

Will

quality. After him, Karl Longley, member of the California Water Institute, discussed salt and its effects on water.

Later, Stacy Luthy,



takebackthenight2010.blogspot.com

Event Brings Female Awareness

Christiana Oatman
Perspectives Editor

Take Back the Night, a march meant to spread awareness of sexual harassment and violence, will occur at Pacific on Tuesday, March 22nd, as part of Women's History Month.

The program will begin at 6 PM and will feature a keynote speaker, Stephanie Braithwaite, and a presentation from Planned

Parenthood. Braithwaite is a high school student from Stockton who founded her own organization, Saving Stephanie, to increase domestic violence awareness.

The march will begin after the keynote speaker's lecture at the DeRosa Center, go down to south campus and then return to the Women's Resource Center in the Multicultural Center. It will focus on issues of campus safety, emphasizing safety tips and the

use of the blue light system, and will include banners, whistles and chants like "2, 4, 6, 8, no more date rape!"

The first known Take Back the Night march in the United States occurred in San Francisco's "red light district" in 1978, and was organized by Women Against Violence in Pornography and Media. It was praised by other feminist organizations, and spread to college campuses.

Tsunami Fund

(Continued From Page 1)

have heard back from six of our 11 Japanese exchange students. We are continuing to try and contact the remaining five."

Since those press releases were sent out, a group of Pacific students have gathered together to raise money for a tsunami relief fund.

Pacific student, Asumi Kojima, came up with the idea for the fund. Kojima stated about the event, "All Japanese

students are having a charity campaign for Japan's earthquake and tsunami to collect donations. This event will take place in front of UC Bookstore, from Wednesday through Friday 11:00 AM to 5:00 PM. We will set a table and a donation box at the place. Each of us will be taking a shift to stand there to call for donations."

Many of the Japanese students on campus have been involved in this fund. The students who have been involved in planning this relief fund are: Asumi Kojima, Erina Kataoka, Miru Utsumi, Misaki Shimizu, Ayumi Toji, Haruka Saeki, Sayaka Shimokawa, Saki

Uemura, Kumi Mary Sato, Keita Goshima, Ginta Turner, Ryoto Nagaoka, Ken Chang, and Keita Hasegawa.

Kojima and the other students involved hope to bring awareness of the event to the Pacific campus.

Kojima said, "What we hope Pacific students to know about this disaster is that this is the biggest and worst tragedy ever happened in Japanese history, which has made more than 10,000 of deaths. Thousands of people are in a need of help, and they are still suffering, and many are missing."

The students want

Pacific's campus to understand how important the relief fund is. Asumi Kojima is calling out to the student body, "We really need your help. This is very serious and is way beyond people's imagination."

The Japanese students are also willing to give gifts in exchange for donations. "Any generous gift will be appreciated. We are asking for people to donate pennies, nickels, dimes, quarters, bills, and anything that they can spare because every cent counts!" Kojima exclaimed, "We are giving paper cranes with a message card that says 'Pray for Japan,' to donors as a 'Thank You' gift. So far, we have made

about 400 paper cranes. We will also have a big white cloth and color pens for people to write down prayers for the victims in Japan. All donations will be sent to Japanese Red Cross Society."

The event began yesterday, but will continue all day today and tomorrow in front of the UC Bookstore. The event is open to anyone, related to the Pacific community or not.

While this event is occurring, the Emergency Info page will continue to be updated as more missing students are contacted. The page can be accessed at <http://emergency.pacific.edu>.

any size



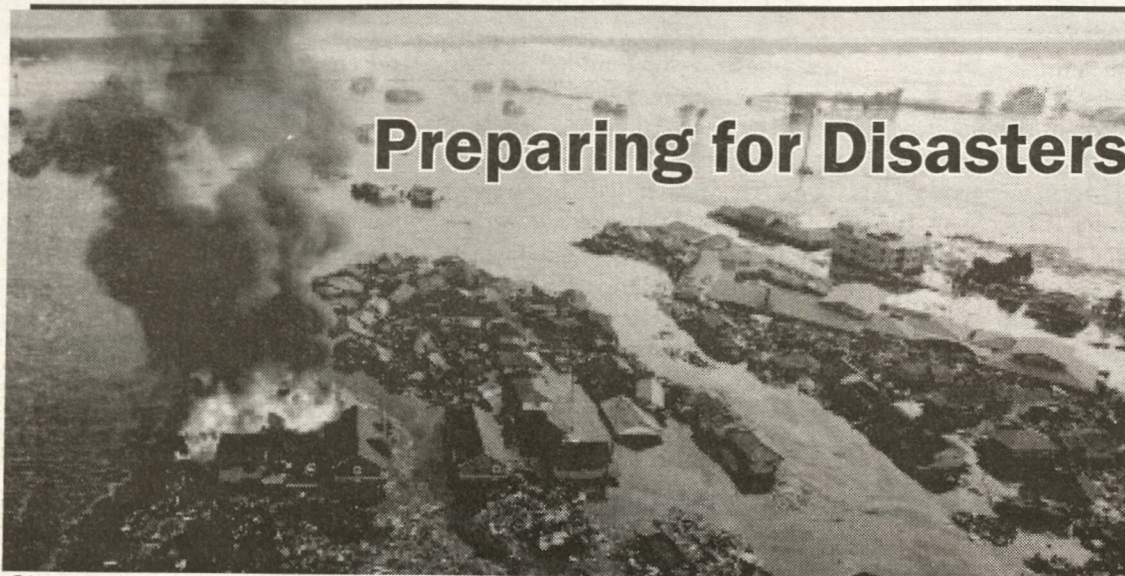
for one



\$1 soft drink
or sweet tea



PERSPECTIVES



Preparing for Disasters

Christiana Oatman
Perspectives Editor

Unless you went to some remote desert with no cell phones, computers, newspapers or other forms of communication for Spring Break, you have probably heard by now about the devastating natural disasters that hit Japan last week. The earthquake was horrible enough that it measured 8.9 on the Richter scale, killed hundreds and caused terrible damage to the country's architecture and housing, but the tsunami and recent reports of potential nuclear meltdowns have made the situation even more tragic.

Japan is a close ally of the United States, and because of this, it is a popular destination for business, tourists and students who want to study abroad. This semester, Pacific has seven students studying abroad in Japan and immediately after the earthquake and tsunami hit, attempted to contact them to ensure their safety and offer any possible aid. The Japanese university system is currently on break, so it was difficult to get in touch with many of Pacific's students. It appears, thus far, that they are all okay. Here in California, there are eleven foreign exchange students from Japan and, of the ones Pacific has been able to get in touch with, all their families appear to be okay and none have filed paperwork to go back to Japan.

I commend Pacific for being responsible and

checking in on its students' welfare after this time of great horror and tragedy. Their actions may seem obvious, but that sort of compassion for individual students is more rare than you'd think in our nation's overcrowded universities. I know one of the students studying in Japan, and I felt incredibly relieved knowing, via Facebook, that she and her home stay family were okay. I'm sure all other Pacific students, staff and faculty who know either those studying abroad in Japan or foreign exchange students from Japan feel similarly.

However, the devastation caused by this earthquake gives me great pause. This is not a situation like last year in Haiti; Japan is one of the wealthiest nations in the world and was extremely well-prepared for natural disasters, such as earthquakes, whereas Haiti's devastation was in part because the nation is extremely impoverished and could not afford to build bridges and other structures that are meant to withstand earthquakes and flooding. What gives me so much concern is that many experts are saying that Japan was more prepared than places in the United States that are prone to earthquakes, particularly California. After seeing waves from the tsunami damage boats and other property in Santa Cruz and other cities along the West Coast, I am honestly frightened that if or when the frequently predicted "big one" strikes in

California, the damage and mortality rate will be even worse than that in Japan.

There are some steps we as a state can take to try to prevent this from happening. Most of the obvious steps involve a lot of money and reconstruction of major structures throughout the state, particularly in the Bay Area, the Central Valley and around Sacramento. But as a university, Pacific can do a small part in preparing students for a potential large earthquake. It can provide education about what to prepare in an "earthquake preparedness kit." Items recommended by the American Red Cross include water, canned foods, vitamins, high energy foods like peanut butter and granola bars, a first aid kit, clothes, sanitation supplies and basic tools such as radio and pencils and paper. Most of these items can be easily purchased at the Grove. Pacific occasionally does fire and earthquake drills, but during these drills, Public Safety officers can provide students with further information on what would occur in the aftermath of leaving the dorms and apartments during a disaster.

Again, I applaud Pacific for contacting students from and in Japan and I'm incredibly grateful that they all seem to be safe. There are a number of organizations collecting money for relief in Japan, if Pacific students would like to make a contribution.

The End of Books?

Hayley Diep
Staff Writer

With Borders, a popular bookstore, going into bankruptcy does this mean that the world is taking a step closer to getting rid of hard copy books?

The Kindle, a portable electronic eBook reader sold by Amazon.com, is becoming increasingly popular. The newest Kindle can hold up to 3,500 books, it has a sleek design; you can download books anywhere within 60 seconds; it's 8.7 ounces lighter than paperback books, comes with a built in dictionary, and could even read to you. The Kindle seems to be exactly like an average book and so much more. So why wouldn't people want it? You could have thousands of books in one handheld device. It's convenient, cool, and definitely the new hype.

But with the Kindle come the consequences. Fewer people are buying traditional books. You

know, the ones where you can feel the page between your fingertips as you turn it; the ones where you can hear the crackle of the spine when you open them for the first time; the ones you can put on a bookshelf to show off.

Although the Kindle is extremely convenient, I prefer traditional books. The Kindle is quite pricey, and if a family isn't wealthy, then how will they be able to purchase it and the books for their children? I hope that the Kindle is a hype and only that. It would be a shame if ten or twenty years from now hard copy books will no longer exist. I remember, as a child, enjoying opening picture books to merely flip through the pages and stare at the pictures. With the Kindle, children will never be able to escape technology. Books, in my opinion, are extremely valuable and will hopefully never disappear.

THE PACIFICAN
Spring 2011

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Editorial comments reflect the views and opinions of the majority of the Pacifican editorial board, unless personally signed. The views of Pacifican are not reflected in advertisements.

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The Pacifican reserves the right to edit all submitted materials for length, factual information, libel, and clarity. All letters to the editor must have a verifiable signature, address, phone number, and email address.

Managing Waste

Media Relations

Recycling

Pacific Recycling uses a system of single stream recycling where all appropriate material can be placed in one of 125 green recycling totes throughout campus. The green totes are picked up on Tuesdays by Allied Waste and taken to the local recycling facility to be sorted and processed. Plans are underway to replace existing multicolored recycling totes with new yellow-top totes in early April 2011 to avoid confusion as to what types of materials can be recycled.

Cardboard-only dumpsters are also placed throughout campus and all green waste is recycled. In FY10 the Stockton campus recycled over 30 tons of cardboard.

In 2010, Physical Plant purchased 1,200 7-gallon blue recycle bins for each residence hall room and apartment. Students are responsible for taking their recyclables out to green totes that are dispersed at specific locations around campus.

Do you currently recycle? Contact Jaiya Ellis if you would like to be rewarded with a blue recycle bin and join the movement. To obtain your blue recycle bin you must sign a pledge to personally take your recycle bin out to a green tote in your area.

Trash

Pacific's trash is hauled and compacted at a central location on campus. Trash then goes to the Lovelace Transfer Station where it is transported to Foothills Landfill.

Food Waste

A food-waste composting program was established in 2010 and now all kitchen-generated waste from the DeRosa Center food preparation areas are collected and composted off-campus. Plans are being finalized to supply composting containers to Greek Houses and University Apartments in 2011.

As well as composting, an active Fats, Oils, Grease (FOG) program will come out in March 2011 to encourage residents with kitchens not to pour FOGs down the drain and dispose of them properly.

Paper

Shredding

Procedures

If your office has paper to shred please email or call the Mail Room 6-2250 to schedule a pick up, free of charge. The mail-room will also pick up cardboard and shipping popcorn.

Battery Disposal Policy

Environmental health & safety reminder regarding the University's policy on disposal of University purchased batteries:

Employees can now dispose of University purchased batteries in an inter-campus envelope. All spent batteries should be dropped in an interoffice envelope (make sure to tape the ends of the 9 volt batteries) and mark the envelope with a red pen: Used Batteries/Physical Plant. Mail services will pick up with the outgoing mail.

If you have larger batteries like UPSs and/or batteries that are leaking, Risk Management should be contacted for a pick up. If for some reason you wish to dispose of fully charged batteries, you should call Risk Management for pick-up. It has been approved by Physical Plant/Support Services to allow students the same opportunity with their personal batteries. Students should follow the same instructions; however, envelopes should be dropped in the outgoing mail slot in the residence hall.

Please contact Physical Plant/Support Services or Risk Management with any questions or concerns.

Electronic Waste Disposal

If you have an old department cell phone/PDA, computer, monitor, printer, mouse etc. lying around, give it to the Office of Information Technology Customer Support Center (CSC Helpdesk) or your Local Technology Support Provider (TSP) who has procedures in place to clean-up the device for donation to charity or properly recycle it.

The number for the CSC is (209) 946-7400 or email at helpdesk@pacific.edu

Used Printer Ink

Visit the HP web site to order envelopes to send back your used printer ink and they will recycle them, free of charge.

IT IS TIME FOR THE FAITH DAVIES ALL-UNIVERSITY LEADERSHIP AWARDS NOMINATIONS!

We recognize the success of our students, faculty, staff, and student organizations through the Faith Davies AllUniversity Leadership Awards. Please acknowledge and celebrate their success through taking time to nominate individuals and student organizations for one of the awards listed. We have so much to celebrate!

OUTSTANDING STUDENT LEADER AWARD

This award is presented each year to a graduating student(s) who has demonstrated outstanding scholarship and service to the university community. An outstanding student leader is an individual who has contributed significantly to the quality of life on campus.

JESSE MARKS CO-CURRICULAR AWARD

This award recognizes a well rounded student(s) who has made significant and outstanding contribution to a particular area of university life and/or the surrounding community through depth of involvement. A graduating senior is given priority.

KAREN DEROSA OUTSTANDING GRADUATE STUDENT LEADER in STUDENT AFFAIRS AWARD

This award recognizes a graduate student who has completed an M.A. in Educational Administration and Leadership with a Specialization in Student Affairs and who has made a notable contribution to student life at Pacific through his/her service to the university.

OUTSTANDING STUDENT ORGANIZATION ADVISOR AWARD

This award recognizes a volunteer advisor(s) who demonstrates extraordinary commitment to an organization working closely with the officers, providing training opportunities, and serving as a resource for the organization.

ANDERSEN Y COMMUNITY SERVICE AWARD

This award recognizes an outstanding student organization(s) that provides public service which benefits and/or improves the quality of life in local communities. Nominees must be registered campus organizations.

STUDENT ORGANIZATION of the YEAR AWARD

This award recognizes the organization(s) that demonstrates a breadth of programs, participation, leadership, and other achievement(s) in the campus community. Nominees must be registered campus organizations that have contributed to the community in a meaningful way. Councils and/or student organizations are eligible.

DOCHTERMAN OUTSTANDING JUNIOR SCHOLARSHIP

This award recognizes a Junior student who has made a significant contribution to the university. The recipient must be a Junior.

PODESTO AWARD for RECOGNIZING OUTSTANDING EDUCATORS WHO DIRECTLY TOUCH AND ENRICH THE LIVES OF PACIFIC STUDENTS

PACIFIC TIGER AWARD

The Pacific Tiger Award will be presented annually by the Pacific Alumni Association to recognize a student group, club or organization that exhibits extraordinary school spirit, encourages student participation in activities and events, promotes school spirit, and / or provides students with knowledge of Pacific's heritage, traditions and history.

PACIFIC FUND PHILANTHROPY AWARD

This award recognizes a student organization, club, or council that demonstrates an outstanding commitment to charitable giving. Nominees must have achieved excellence in fundraising for a non-profit or civic group during the current academic year.

Nomination Forms are available at <http://pacific.edu/Student-Life/Faith-Davies-Leadership-Award-2011.html> and in the offices of Student Life and University Center.

LIFESTYLES

A Wild Eye for Spring Fashion

Across the runways of the fashion world one trend was clear- the color Orange, and lot's of it. GoRunway

Runway Springs Forward

More Bright, Colorful



Traditional Classics such as the pencil skirt are reembodyed with color proving that classic does not have to be boring.

Kobé Armah
Lifestyles Editor

Women's style is ever changing and each season fails to par if it does not incite a "fashion-revolution." This spring women's style springs forward, full of color and brighter than ever. Women's spring fashions have shown clear trends such as color-blocking, extensive use of

length and width to create clothing with a strong presence while reflecting the minimalism and monochromism heavily present in fall fashion.

The influence of fall fashion is clear as monochromatic looks graced the runway in the fall are applied to spring styles and color schemes. There is a strong emphasis on color or the

lack there of. A clear similarity seen in spring style has been the radiance of the clothing. Unlike last year's dullness to reflect the economic downturn, this year represents a resurgence in the "Luxe" look, which heavily relies on deep and rich colors, affluent fabrics and couturier-quality

details.

The most undeniably popular color of the season is orange and lots of it. All variations of the color are present with high emphasis on highlighter orange, rich orange zest and deep coral. The color was seen everywhere, from pencil skirts, to dresses and blouses.

Another popular color of the season is white which has been present for its versatility and

Continued on Page 8



Got something or nothing to hide? The One Piece Bandeau returns in many colors

High Style, Low Budget for Men



Hennes & Mauritz

Always slow to change, men's fashion stuck to the tailored military influences from the Fall while incorporating navy blue as a nod to classic summer color

Kobé Armah
Lifestyles Editor

Men's style is always slow to change, as men are more interested in the classic elements of their wardrobe and rigid to changing their style. This spring men's style is fresher than ever. In recent years, men's style has done a great job of building upon fall trends and made minor changes in style to reflect the season, rather than the major changes made in women's style.

Men can expect to see many of the Fall trends reflected on the runway in department stores, online and ultimately, in the streets. For those on a budget or monitoring their spending, this spring's style shift presents itself as the perfect opportunity to



Hennes & Mauritz

Absolute Proof that Men's style can indeed be comfortable with a steel blue linen suit, relaxed button down and casual desert boots

refine classic staples by having them tailored or working them together in ways you would not necessarily have thought of.

A new take on pairing clothing together has been clear in fashion. There have been more courageous and otherwise wild choices to pair with classic, reliable choices. A clear example of a new take on pairing clothing has been the pairing of more formal pieces with casual, less refined pieces of clothing. Menswear designers made strides to

incorporate crazy pieces such as jumpsuits, floral printed shirts and shorts. More unusual pairings for this spring are blazers with short trousers and desert boots with just about

Continued on Page 8

Who is Reaching Out the Most at Pacific?

GIVE Competition



Groups Involved in Voluntary Efforts competition rankings as of February 28, 2011. Good luck to all and don't forget to log those hours!

Leading Organizations – Total Hours Logged category

Delta Phi Epsilon	420
Sigma Chi	320
Alpha Phi Omega	212

Leading Organizations – Hours Logged per Member category

Omega Delta Phi	14.5
Delta Phi Epsilon	10.5
Sigma Chi	5.5

We highly encourage members of the organizations to log their hours on Reach Out Online at www.pacific.edu/reachout in order to be recognized for their endeavors! Last Day to log hours for the G.I.V.E Competition is Sunday April 10th by 11:59pm.

NutriCat's Corner

Coldstone or Nubi?



Coldstone or Nubi?

With spring right around the corner, NutriCat asks the question- when considering frozen treats which is better? Ice cream or frozen yogurt?

Ice cream is prepared using cream, sugar, stabilizers, water and various flavors. While this

can be a delicious summer time treat, it is often very high in both fat and calories. Frozen yogurt is made by replacing the cream with yogurt, thus lowering the fat content. Fat free yogurt also exists, but to get fat-free yogurt and ice cream to taste right, companies usually add more sugar to improve flavor.

While regular fermented yogurt can be a healthy treat, frozen yogurt is not as healthy. It has less protein than regular yogurt and more calories. While fro yo contains more minerals and nutrients than ice cream, it has the same amount of sugar. The other problem with frozen yogurt is the large amount you are served. The self serve yogurt places give you a 32 oz. container to place your yogurt in! A better size? 6 ounces. So, while you may be saving some calories by choosing the fro yo you are probably eating more of it than you would ice cream.

NutriCat's bottom line: If you're in the mood for an ice cold treat, frozen yogurt is usually a better choice. Stick to a ½ cup serving to keep your sugar intake and discretionary calorie amounts low.



Splash News
International Pop Star Rihanna Models Fresh Spring Style with a pair of beige high-waisted pleated trousers, neutral heels and a halter sweater.

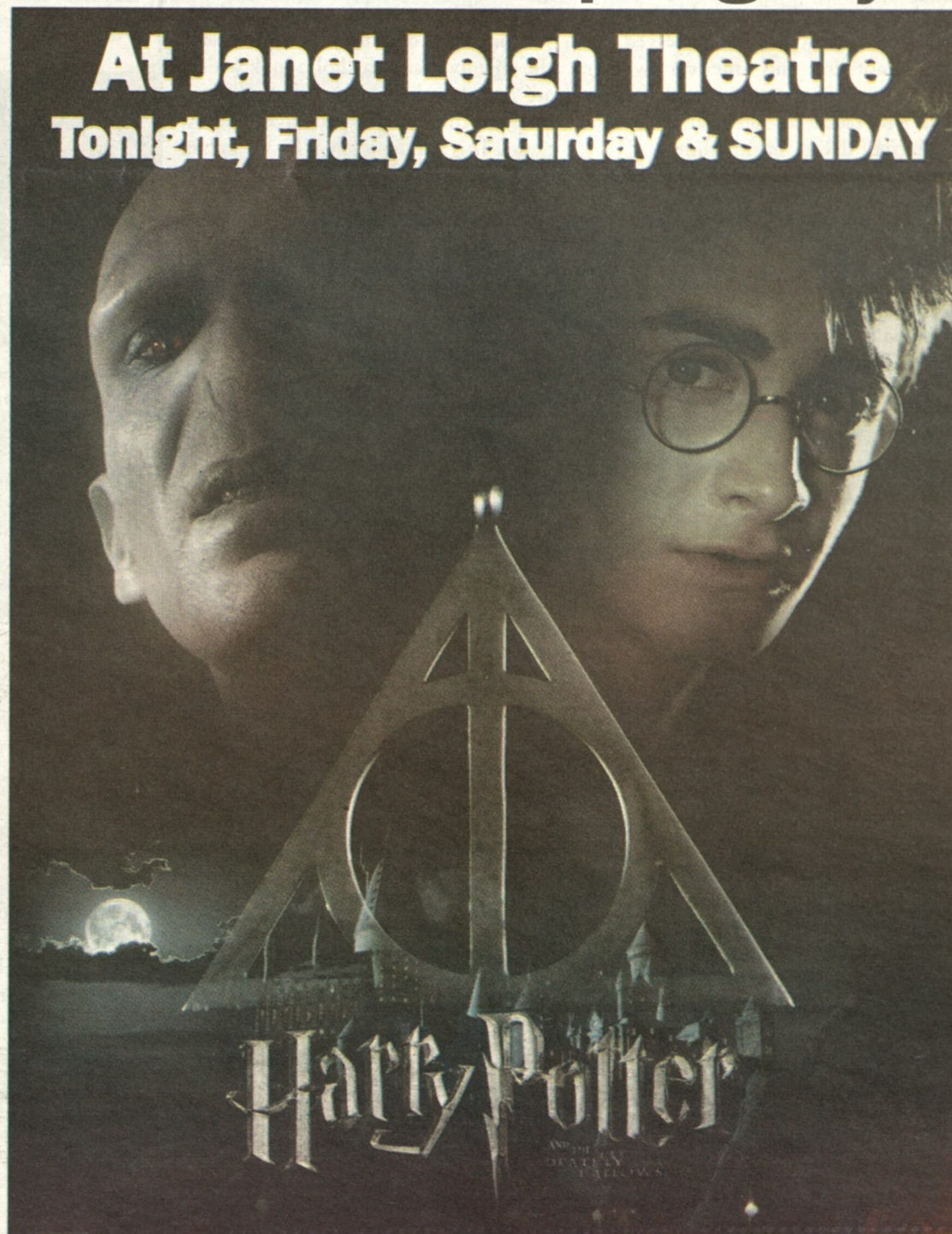
Gossip Girl Star Penn Badgley courageously conquers the new prep aesthetic with a mint green blazer, a sea green windbreaker and cinnamon colored chinos and ends it all with a classic pair of chocolate red soled Nubucks.



CondeNast

Celebs in Spring Style

**At Janet Leigh Theatre
Tonight, Friday, Saturday & SUNDAY**





Floral Alejandro Ingelmo Wedge Mules

Spring Fashion Continued from page 6

ability to be used for extremely complex details while avoiding looking gaudy or overly ornate.

The versatility of the looks were also seen with the military look. This look was also seen in the men's style sphere but focused more on a conception of a futuristic look. There was heavy emphasis on angles, shapes and revealing cut outs.

To balance the sometimes overly revealing cut outs, there was a huge emphasis on full-length skirts and trousers. One would imagine, these pieces would be reserved for grandmothers and modest women alike, but this spring women's fashion has embraced an alternative to the otherwise decreasing hemline.

Reverting to conventional

fashion staples has been seen in presence of the flashy elegance of 1920's flapper girl outfits and in the casual sophistication of the 1970s. Some major looks of the season boast halter necks with plunging backs in combination with more daring choices. Keeping in tune with this casual and flashy style, there has also been a presence of large hats and stacked platform shoes. Spring fashion is also moving towards the use of wedge heels and mules for added height.

The use of time sensitive clothing has definitely brought back the chic look and the boho look which are heavily relied on for their relative ease and their ability to be mastered by many. This spring women's fashion has sprung forward ready for all to conquer.

Who Was Joseph Smith?

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about
his
life

Q/A session
following the
movie



Janet Leigh Theater

March 21, 2011 • 7:30 (doors open at 7)

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Men's Spring Fashion

(Continued from Page 6)

everything.

Versatility and minimalism has also been displayed in the use of classic staples such as the navy blazer throughout the wardrobe. A staple like the navy blazer has never gone out of style and has always been valued for its reliability and universality. The navy blazer's presence is back with more details such as pick stitching, functioning surgeon's cuffs and great quality buttons. The navy blazer has returned more refined than ever. For men's style in general, navy is certainly the color of the season. This spring men's style is relaxed and reflects attention to detail.

The new

relaxed approach to style that is worth paying attention to is the military and safari look which heavily relies on shirts and pants with cargo pockets. The look focuses most heavily on structured clothing that resembles uniforms worn on safari expeditions and in military combat. The safari and military looks heavily rely on neutral colors, and rugged materials such as canvas and leather.

As a college student, men's style is often forgotten or placed on the back burner of important things to do, but this spring being more relaxed and relying on staples will be of benefit to you.



Hennes & M
Men's style has taken a shift toward non-traditional.

CollegeFashion from Stylish Women

Kim
Cal State Long Beach
CollegeFashion.net

It's finally March, which means we're almost out of the woods and into the meadow – spring is around the corner! Accordingly, this month's batch of editorials are an eclectic mix of spring must-haves, floral finds, and outfits to cure your lingering winter blues.

So whether you're looking for that perfect "first day of spring" top or you're trying to get some last chance mileage out of your favorite tights, there is a look in here for you. Interested? Scroll down to check out some great fashion inspiration – you won't be disappointed!

1. Ornamental

Orchid

To start off this month's list of editorial looks, I picked out this awesome shot of Hannah Holman for Grey magazine. I love everything about this picture, ESPECIALLY the fact that Hannah is rocking her Stella McCartney head to toe. The prints on the blazer and dress are so cool. And I love the headpiece (or I guess you could say mask) and shoes. The whole look has this muted color palette which is yummy to look at.

Get the Look

I tried to make my inspired outfit more "young" than the editorial look, so I pulled similar colors and also tried to capture the spirit of the prints instead of outright copying them.

I started off with a white graphic tee that's meant to be tucked in to this great red floral print skirt I found. Then, to throw over your shoulders, I picked out this catty cheetah cardigan – it adds a bit of dimension and also throws some unexpected hues into the ensemble's color palette (which I love). Finally, I picked out a pair of peep-toe cutout flats for your feet and a cool green stone ring to rock on your hand. Pull this look together and you'll look retro-chic in a modern way.

2. Pretty Punk

This girl (shot by Giorgio Batù for Vogue China's March issue) has got this whole rock 'n' roll rebel thing going on, and I'm diggin' it. I love her black sheer top – it's so cool how you can see the red of her pants

peeking out from underneath. And also, I didn't notice until just now, but she's got lace gloves on, too – is there anything more fierce? This outfit is all about the understated details (except for that jacket – that's way too cool to be understated).

Get the Look

I went a little preppy rockabilly for my look inspired by the Vogue China editorial. To start, I picked out a sheer top like the one the model above is wearing – I recommend throwing on a black top or some cool lace shirt underneath to show garment depth. Then, I picked out this gorgeous a-line skirt to get that whole monochromatic look the shot has. Finally, getting down to the details, I picked out a pair of great strappy wedge heels in a deep, rich red color, as well as a pair of studded bracelets and cat-eye sunglasses.

3. Short

Stemmed

This editorial (which, to be fair, isn't recent – it's from Numéro magazine's April 2007 issue – but I thought it was too Spring-perfect to ignore!) is deceptively simple all around – and I think that's why I love it. Clean lines, set against a grey background, help to show off the most important parts of the garments – their structures. Plus, that flower is freaking huge. (And who doesn't love flowers for Spring?)

To get a similar look, I stayed pretty true to this editorial's look, pulling a similar shirt-and-shorts combo. I also picked out a pair of polka dot tights, which are adorable while still giving off a little bit of sex appeal. To finish the look, I picked out some



Pretty Punk Look

drool-worthy cutout heels, as well as a flower to pin onto your blouse. Half mod, half modern, this look is classic prep.

4. Rainbow Brite

I usually only feature three editorials per post, but I loved this editorial (from D La Repubblica – an Italian magazine) so much I couldn't drop it. I love the colors that are represented here: Reds, blues, greens, yellows – they're all included in some way, and in fun patterns and cuts.

To help you get this look, I tried to pick out garments with a wide variety of colors and patterns. Starting us off, I picked this springtime fresh floral blouse and paired it with a cutesy polka dot skirt. These two

patterns are so different but despite that they somehow work flawlessly together.

Continuing the look, I pulled a beautiful blue jay-hued cardigan – the cutouts add another layer of pattern, which creates more interest for the eye. For shoes, I took note of the fabulously quirky oxford heels in the editorial, and toned them down, choosing the oxfords you see above. Now just pair those oxfords with the gold flower bracelet I found and you'll have a picture-perfect outfit.

This article was taken from College Fashion.Net, a website run by women across the nation dedicated to being stylish and fashionable. Please visit their website for more information about the latest fashions and to share your stylish experiences from a college perspective. Their website will be useful to anyone who values, "latest fashion trends, beauty tips, online sale updates, ruminations on college life, college fashionistas' street style."



Short Stemmed Look

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SPORTS

Sports This Weekend

FRIDAY
Men's Volleyball
Pacific vs. NYU
7:00 PM
Alex G. Spanos Center



SATURDAY
Women's Tennis
Pacific vs. South Florida
11:00 AM
Hal Nelson Tennis Courts

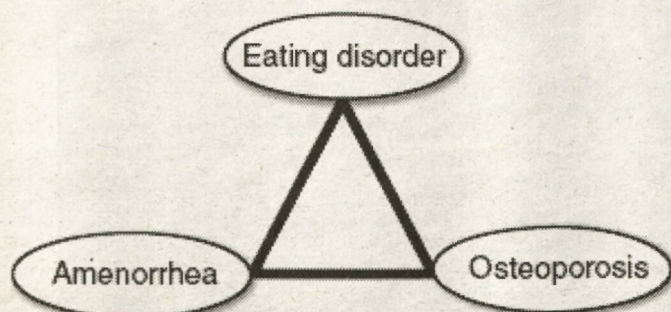
Men's Volleyball
Pacific vs. UC Santa Cruz
7:00 PM
Alex G. Spanos Center

Athletic Training Tip of the Week

The Female Athlete Triad

The female Athlete Triad is a combination of three disorders, disordered eating, amenorrhea and osteoporosis, which are caused typically by low energy availability. This is more common in athletes due to increase in energy demands. The linking disorder is the disordered eating that can be a number of different things that cause a lack of nutrients to the body. Amenorrhea is the absence of a period for more than 3 months; this can cause a decrease in calcium that can later be a cause for osteoporosis. Osteoporosis is the weakening of bones, this can increase the chance of fractures. A combination of these three disorders is known as the Female Athlete Triad.

Marc Giampaoli



Pacific Men's Basketball Reaches 100 Years

Ruben Dominguez
Sports Editor

The University of the Pacific Men's Basketball program reached a historic milestone this season. The 2010-11 season marked the 100th Anniversary of Pacific Men's Basketball.

The Pacific's Men's Basketball program began in 1910, when led by coach Bob Atkinson and captain James Trevarrow, the inaugural Tigers finished with a 5-1 record as an independent. Seven coaches would lead Pacific in its first seven years.

In 1923, Pacific joined its first conference—the California Coast League. In 1942, the Tigers moved to the California Collegiate Athletic Conference, where they would capture the school's first conference title in the 1946-47 season. From 1942-52, Pacific was helmed by coach Chris Kjeldsen, whom the Chris Kjeldsen Pool Complex is named after.

After a period featuring only one winning season in 11 years, Dick Edwards took over as head coach of the Tigers in 1963. The impact was immediate, as the Tigers made their first NCAA Tournament in program history two years later. Pacific ended up making three consecutive NCAA Tournaments from 1965-68. Pacific earned its first NCAA Tournament victory in the 1966-67 season, in which center Keith Swagerty led Pacific to a 72-63 upset over defending national champion UTEP. Pacific would fall to UCLA, coached by John Wooden and led by Lew Alcindor, 80-64 in

the next round.

The 1968-69 season saw Bill Stricker set the current single-game scoring record for Pacific at 44 points against Portland. Pacific made the Tournament again in 1971 and 1979. The latter saw Ron Cornelius become Pacific's all-time leading scorer with 2,065 points.

The Pacific Tigers officially moved into their current home stadium, the Alex G. Spanos Center, in 1981. In 1988, the Pacific Coast Athletic Association became the Big West Conference and Bob Thomason took over as head coach for the Tigers. Those two changes have remained in place till present day.

In 1995, Michael Olowokandi emerged onto the scene. A dominating scorer and rebounder, the seven-foot Olowokandi led the Tigers to a 24-6 record, their first Big West Championship, and a NCAA Tournament berth, the Tigers' first in 18 years, in the 1996-97 season. In 1998, Olowokandi made history by becoming the first and only Pacific Tiger ever to be selected with the first overall pick in the NBA Draft when the Los Angeles Clippers made him their number one pick in the 1998 NBA Draft.

The 2003-06 seasons were three of the best in Pacific's history. The team earned three consecutive NCAA Tournament berths with a 76-20 overall record and a 47-3 record in Big West matchups. In 2004 and 2005, the Tigers moved on past the first round of the NCAA Tournament, with

Pacific earning an 8-seed, the highest in program history, in the 2005 tournament.

On March 5, Pacific celebrated its 100th Anniversary with an extraordinary night of memories. As the Tigers battled Cal State Northridge, the team's most famous highlights over the past century were shown on the big screen, and over 40 former Tigers were honored at halftime.

Pacific also unveiled its All-Century Team, which features the following roster: First Team—guards Dell Demps and Adam Jacobsen, forwards Ron Cornelius and Christian Maraker, and center John Gianelli; Second Team—guards Miah Davis and Bob Thomason, forwards Bill Stricker and Keith Swagerty, and center Michael Olowokandi; Honorable Mention—guards David Doubledy, John Errecart, Johnny Gray, and Ken Stanley, forwards Bob Krulish, Jim McCargo, Matt Waldron, and Sam Willard, and centers Leroy Wright and Guillaume Yango.

After its first 100 years, the Pacific Men's Basketball Team has earned eight NCAA Tournament berths, won 15 conference championships, and produced one #1 NBA Draft pick. As Pacific eagerly awaits the next 100 years of Men's Basketball, coach Bob Thomason summed up the occasion quite well.

"It's quite a milestone," commented Thomason. "One wouldn't think Pacific has had basketball for that long, but it's fantastic to see the progression and the history."

Tiger X Schedule

Baun Fitness Center

THURS. 3/17:

Cycle 7-8 AM
F&F 8-9 AM
Yoga 12-1 PM
Capoeira 7-8 PM
Cycle 7-8 PM

FRI. 3/18:

Yoga 12-1, 5:15-6:15 PM
TurboKick 3-4 PM

MON. 3/21:

Pilates 7-8 AM
TurboKick 4:30-5:30 PM
Yoga 5:30-6:55 PM

TUES. 3/22:

Cycle 7-8 AM
F&F 12-1 PM
Yoga 12-1, 5:30-6:45 PM
Kickboxing 7-8 PM
Cycle 7-8 PM

WED. 3/23:

Body Sculpt 12-1 PM
Hip Hop 3:30-4:30 PM
Abs&Core 4:30-5 PM
Yoga 5:30-6:55 PM

2011 AMPM Big West Tournament Results:

Women Upset #2 Seed in First Round, but Fall in Semi-finals

Athletic Media Relations

The Pacific women's basketball team erased a 14-point deficit, closing the game on a 31-13 run to topple regular season co-champion UC Santa Barbara in the quarterfinals of the Big West Tournament Tuesday at the Thunderdome.

Pacific held the Gauchos to four points in the final 10:12, as sophomore forwards Jordan Rogers (Sparks, Nev.) and Kendall Rodriguez (La Habra, Calif.) hit back-to-back three-pointers to tie the game at 45-45. Rogers then drove the baseline and got fouled, as her free throws gave Pacific its first lead of the game with just 25 seconds left. The Tigers defense picked up a stop on UCSB's final possession and Erica McKenzie (Sparks, Nev.) sealed the win with two free throws with seven seconds left.

Rodriguez paced the Tigers with 12 points and 10 rebounds, while McKenzie added 10 points and a career-high nine rebounds. Freshman forward Danielle Peacon (Sparks, Nev.) added 11 points and six rebounds to go with a pair of blocked shots.

The win was the Tigers first at the Thunderdome since Feb. 21, 1987 and snapped a 24-game losing streak against the Gauchos in their home building.

"I couldn't be prouder of my team," head coach Lynne Roberts said. "All year long, we've battled back and refused to quit and to pull out a win like this, and to snap a streak

that long, says a lot about the character of this team."

The defensive struggle began with UCSB opening the game with a field goal two minutes in on a jumper from Angelei Aguirre. McKenzie answered with a jumper of her own as the two teams felt another out on the offensive side. Emilie Johnson hit a three-pointer which gave the Gauchos a 9-3 lead with 14:08 remaining in the half.

Jordan Rogers tallied a lay-up on the drive through the paint to cut the gap to 18-13 with 6:14 to go, but Pacific was whistled for an offensive foul on the next possession and Melissa Zornig drained a three-pointer in transition and the Tigers suddenly found themselves down 23-13.

The Tigers whittled the margin down to seven on a McKenzie lay-up, but Emilie Johnson hit a pull-up jumper to send UCSB into the break up 27-18.

Pacific was held to 27 percent shooting in the first half, and the Tigers forced just three Gauchos turnovers in the first half.

In the second half, the Gauchos stretched the margin to as many as 14 before the Tigers posted lay-ups from

Danielle Peacon (Sparks, Nev.) and Gena Johnson (Elk Grove, Calif.) started an 8-0 Pacific run. Rodriguez drove the lane for a pair of points and then hit baseline jumper and Peacon struck again as the Tigers pulled within six at 39-33 with 11:41 to go. Mekia Valentine hit a jumper for the Gauchos with

pointer from the corner with the shot clock winding down. The fade away with a hand in her face cut the deficit in half.

Then the Tigers forced a turnover in the lane on the Gauchos next possession and McKenzie found Rodriguez who knocked down a triple for the tie with 2:14 remaining.

Pacific got the stop on defense, but came up empty in their first attempt to take the lead, before Rogers drove the baseline and got to the free throw line with 25 seconds left.

The Tiger women's basketball team then dropped a 70-55 decision to Cal Poly in the semifinal round of the ampm Big West Tournament at Anaheim's

Honda Center on Friday, March 11. Pacific finished the season 9-22, while Cal Poly improved to 18-11 and advances to the championship game.

The Tigers jumped out to a 5-0 lead with a three-point play from sophomore Kendall Rodriguez (La Habra, Calif.) and a layup by sophomore Jordan Rogers (Sparks, Nev.). The Mustangs cut the lead back to 9-8, but Pacific surged ahead to a 15-8 lead with six straight points including a

three-pointer from sophomore Erica McKenzie (Sparks, Nev.). The Mustangs bounced right back with a 9-0 run over the next three minutes to take a 17-15 lead with 12:35 to play in the half. Another 7-0 jab by the Tigers with four points from freshman Danielle Peacon (Sparks, Nev.) switched the lead back to Pacific, 22-17. The lead would change hands four more times over the final six minutes of the half, as it went to the break tied 32-32.

Pacific opened the second half with three missed shots and seven turnovers on as the Mustangs scored the first 11 points of the second half to take a 43-32 lead just over four minutes into the second half. Rodriguez scored the Tigers' first basket with 15:35 left in the game to cut it back to 43-34. The Mustangs answered with a layup from Kayla Griffin, but the Tigers came back with a free throw from Rodriguez and a three-pointer from Rodgers to make it 45-38 with 13:36 to play. Cal Poly then pushed the lead up to 13 (53-40) with 9:47 remaining after scoring six straight points and the lead would not fall below 12 the rest of the way.

"We played a great first half and then in the second half we turned it over on the first five possessions," said Tiger head coach Lynne Roberts. "I think our young kids showed a lot heart today, which is good. It's something that we can build on. The future looks good."



10:13 remaining to restore an eight-point UCSB advantage.

After a free throw from McKenzie, Valentine tallied again as the Gauchos led by nine, 43-34 with 6:46 to go.

From there, Pacific closed on a 15-2 run, as Rodriguez scored a lay-up and Peacon knocked down a three-pointer to narrow the gap to four with 4:53 left. Aguirre banked home a jumper from the free throw line for a 45-39 Gauchos advantage, before Rogers knocked down a three-

Men Defeated by Eventual Champ UCSB in First Round

Athletic Media Relations

The Tigers' season ended with a 79-67 loss to UC Santa Barbara in the Quarterfinal Round of the ampm Big West Tournament in Anaheim on Thursday, Mar. 10. The Tigers finished the season 16-15, while the Gauchos improved to 16-13.

Pacific took an early 7-4 lead after the Tigers scored three straight, capped by a three-pointer from sophomore Allen Huddleston (Merced, Calif.). After senior Nyika Williams

(Kingstown, Saint Vincent and the Grenadines) hit a pair of free throws to give the Tigers an 11-8 lead with 14:29 left, the Gauchos went on a 13-2 run over the next seven minutes to take a 21-13 lead. Huddleston hit a three-pointer with 3:18 remaining to cut the lead to 26-20, but the Tigers would not score again in the first half as the Gauchos added a pair of treys to make it 32-20 at the break. Huddleston was 4-7 from the field in the first half, but the rest of the team combined to

go 3-19. No Tiger other than Huddleston scored in the final 9:22 of the first half.

The Tigers and Gauchos traded baskets over the first three minutes of the second half, before UCSB took control with a pair of back-to-back three-pointers from Orlando Johnson to take a 43-27 lead with 16:14 to play in the game. Pacific then outscored the Gauchos 9-2 to cut it to 45-36 at the 14:23 mark with senior Demtrece Young (Oklahoma City, Okla.) scoring five points in the run. UCSB

responded with an 11-4 run to take the lead back up to 16 (56-40) with 10:27 to play and the Gauchos lead would not fall below 13 until Huddleston hit three treys in the final minute to cut the final margin to 12.

Huddleston led the Tigers with 21 points, including five three-pointers. Young scored 15 points and fellow senior Terrell Smith (Federal Way, Wash.) adding 12 points. Johnson had 32 points for UCSB, including 22 in the second half.

UCSB shot 57.1 percent

from the field for the game, while the Tigers hit just 37.7 percent of their attempts. The Gauchos hit 11 of 18 three-point attempts (61.1%), while the Tigers were just six of 20 (30.0%) including a three for 17 start from beyond the arc. It is the third straight year that the Tigers have been eliminated from the Big West Tournament by a team they had defeated twice in the regular season.

Competitor of the Month: Amy Moore

Athletic Media Relations

Sophomore Amy Moore has been selected as the Tigers' Competitor of the Month for February. Eight student-athletes earn the distinction every year in Pacific Athletics and Moore is the first softball player to garner the award during the 2010-11 academic year.

Amy missed the entire fall recovering from shoulder surgery, but due to her hard work and dedication to get back she got off to a tremendous start to the 2011 season in February. For the month, the sophomore catcher hit .346 while leading the team in both home runs (2) and RBI (11). Amy hit her first career home run against St. Mary's in Pacific's second game of the season, blasting a grand slam to help the Tigers sweep the Gaels to start the year. She was instrumental in the Tigers' upset of No. 13 Oregon to end the month as she drove in the game winning runs as Pacific came back to defeat the Ducks 4-2 at the Libby Matson Tournament. Defensively, she has thrown out 40% of those trying to steal and has picked off a Big West best three runners. For her play at home during the Libby Matson Tournament, she was named the conference's player of the week for the week ending on Feb. 27.



Athletic Media Relations

Moore was instrumental in the Tigers' upset of #13 Oregon at the Libby Matson Tournament.

Alex Johnson Wins Fresno State Lexus Classic:

Johnson won on the fifth hole of the playoff with a 20 foot birdie putt

Athletic Media Relations

Finding himself down one stroke with one hole to play, senior Alex Johnson birdied the 54th hole of competition to send the Fresno State Lexus Classic into a playoff scenario where the Tucson, Ariz., native needed five holes to capture the championship. From 20 feet away, Johnson sunk a birdie put



Athletic Media Relations

Johnson earned his second career victory.

on the fifth hole of the playoff to take home the victory on Tuesday, March 7. Leading after day one, Johnson held off UC Irvine's Bryan Harris to take home his first tournament championship of the season.

The tournament championship was the second of Johnson's career as he also won Bill Cullum in October of 2009 as a junior with a blistering opening round 66 on his way to a three-round 207 total.

In addition to securing his own individual place at the top of the standings, Johnson's birdie on 18 gave Pacific the stroke it needed to take home second place in the 16-team tournament. The Tigers finished the 54 hole, two day tournament at +29, 1,109, one stroke ahead of No. 19 Duke. No. 7 San Diego State took the tournament championship home as the Aztec finished just 3-over par with a team score of 1,083.

After a tournament-best 66 in round two, Johnson battled a shakier day two and final

round as the senior tallied a trio of bogeys, including a tough double-bogey on 13, in round three to close out the tournament with a +1, 73. Despite the few miscues, Johnson held tough, tallying birdies on 7, 10 and 18 to force the playoff. The birdie on 18 was the third of the tournament for Johnson as he took advantage of his distance off the tee on the 586 yard, par 5 to score a stroke in each of the three rounds.

Sophomore Alex Edort finished the final round of the tournament with Pacific's top score for the day as the Somerset, N.J. native came into the clubhouse with an even-par, 72. With his finish, Edfort closed out play in a tie for No. 16 in the individual standings as he shot a +5, 221 over the three rounds.

The Tigers will be back in action on March 20-22 when they travel to Ballground, Ga. to take part in the Callaway Collegiate Match Play tournament.

NEWS & NOTES

WOMEN'S FIELD HOCKEY: The Pacific Women's Field Hockey Team was named a 2010 Gladiator by the SGI/NFHCA Collegiate National Academic Squad. The award is given to teams who maintain a minimum GPA of 3.0 during the first semester of the 2010-11 school year. Also, nine Tigers received individual awards, which were awarded for earning a minimum 3.3 GPA in that same semester. The nine student athletes honored were senior Sarah Miceli, junior Lauren Jeanot, sophomores Dinah Compton, Stephanie Douglass, Samantha Romero, Emily Trudeau and Jenna Vivian, and freshmen Katelyn Tatar and Emily Tregoning.

MEN'S VOLLEYBALL: The Tigers broke their five-game losing streak against #13 UC San Diego on March 4, sweeping the Tritons 3-0. However, the team has lost its last three games, falling in three at #7 UC Irvine March 5, and then suffering a two-game sweep at #9 Hawai'i Friday and Saturday. Pacific will look to end that streak as it begins a six-game home stand, starting on Friday, March 18 against NYU and Saturday, March 19 against UC Santa Cruz.

WOMEN'S WATER POLO: Pacific participated in the Aggie Shootout March 5-6, defeating Sonoma State by a score of 8-2, but falling to Santa Clara and host UC Davis by totals of 5-1 and 10-3, respectively. The Tigers then took place in the Aztec Invitational in San Diego. They defeated Wagner and #18 UC San Diego on Saturday and split their contests on Sunday, losing to #10 San Jose State but defeating Cal State Bakersfield. The team next plays in the Lancer Invite March 18-19, with scheduled contests against Marist, California Baptist, La Verne, and Iona.

MEN'S TENNIS: The Tigers suffered a tough 4-3 defeat to Penn on March 8. The team also hosted Nevada on Wednesday in a match originally scheduled for March 6, but moved due to rain. Pacific will now visit the state of Utah for a two-game road swing against Utah on Friday, March 18 and BYU on Saturday, March 19.

SOFTBALL: Pacific took part in the Lipton Invitational March 4-5, going 2-2 in its matchups, defeating Gardner-Webb and Valparaiso and losing to Syracuse and #2 Florida in six innings. The matchup against North Dakota State was cancelled due to rain. The team also took place in some non-tournament games, splitting a pair of shutouts against Sacramento State March 9 and sweeping Cal State Bakersfield on Saturday. The Tigers are next scheduled to compete in the Judi Garman Tournament in Fullerton March 18-20. Matchups include Oklahoma, Arizona State, Penn State, New Mexico, and San Jose State. Pacific will also host Cal and Idaho State on Wednesday, March 23.

SWIMMING: 14 Pacific Tigers were selected to the inaugural All-MPSF Swimming Teams. For the women, juniors Jayme Swalin (1st 1650 Free, 2nd 500 Free) and Elena Waltermann (2nd 100 Fly), as well as freshman MaryElla Randall (2nd 50 Free) were honored. On the men's side, seniors Danny Platow (2nd 1650 Free) and Steven Woods (2nd 50 Free, 100 Free), juniors Nathan LeRoy (1st 200 Breast, 2nd 400 IM) and Roger Ward (1st 200 Breast, 2nd 400 IM), sophomores RJ Barton (2nd 200 IM, 200 Fly), Sean Dunnigan (1st 1650 Free), Kevin Schirmer (2nd 50 Free, 100 Free) and Zachary Zlotoff (1st 500 Free, 1650 Free), and freshmen Mason Kinnard (2nd 500 Free, 200 Free, 100 Back), DJ Schilling (2nd 1650 Free, 200 Breast) and Oliver Simkovic (1st 200 IM, 400 IM, 200 Back) were selected.

WOMEN'S TENNIS: Pacific opened up conference play at UC Davis on March 4, falling to the Aggies 5-2. The team also hosted Nevada on Wednesday in a match originally scheduled for March 6, but moved due to rain. The Tigers will next travel to Fresno state on Thursday, March 17 before hosting Florida on Saturday, March 19.

BASEBALL: The Tigers defeated San Jose State 11-10 in 13 innings in between back to back sweeps. The Tigers dropped all three home games to Gonzaga March 4-6 and lost all three at Nevada Friday-Sunday. Pacific will next travel to USC for a three-game series March 18-20 before returning home for a duel with Stanford on Wednesday, March 23.